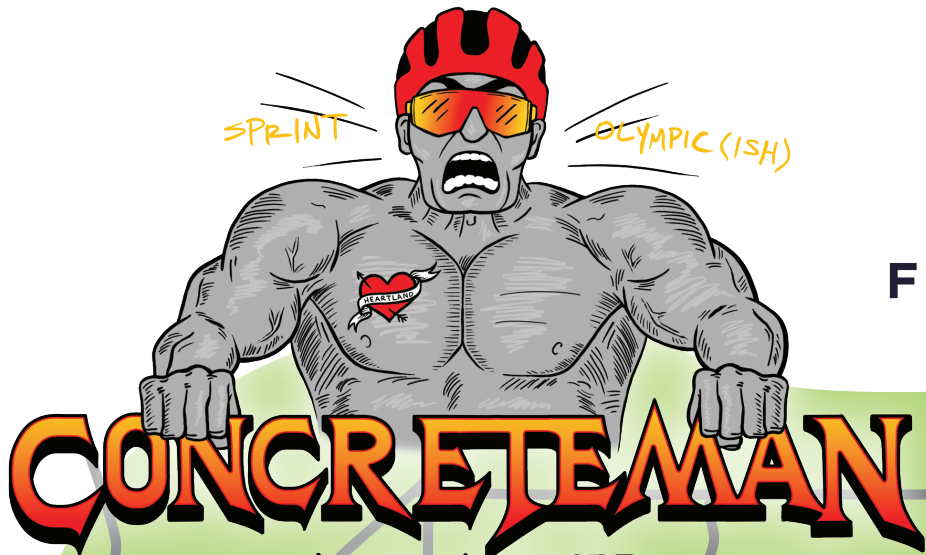


SPRINT

OLYMPIC (ISH)



CONCRETE MAN

THE OLDEST TRIATHLON IN MISSOURI

©Heartland Racing Co.



SPRINT:
1 BIKE LAP

OLYMPIC-ISH:
2 BIKE LAPS